

The Ask

Over the next 2 years, commit to swapping out the least healthy meal option at each meal with a warm, plant-based meal every day with the goal of reducing meat, egg, and dairy purchases by 20%.

Commit to positively promoting the plant-based meals with support from OMD and Balanced.

CMS food service operators shall evaluate their menus with support from Balanced for the three most unhealthy options (as measured by sodium, saturated fat, and cholesterol content) and choose one to replace with the daily plant-based option.

